

January 1, 2021

Dear Families and Friends,

Saint Francis Rehabilitation and Nursing Center recognizes the struggle families and friends are facing during this COVID -19 pandemic. We are happy to announce that we will begin to offer **Monthly Virtual Support Groups via ZOOM** for our residents' loved onesbeginning on Monday, January 11, 2021 at4:00pm.

During these groups, participants will have an opportunity to share their thoughts and feelings in a supportive and safe space while connecting with other families who truly empathize. During each session, helpful coping strategies and other resources will be shared by our experienced staff.

Please contact: Dawn Galli, Alzheimer's Program Director at: (508) 471-2272 or via email at: dgalli@saintfrancisrehab.com if you would like to attending our upcoming Support Group on 1/11/21. I will send you a ZOOM invite.

<u>The upcoming times and dates are:</u> Monday, January 11 @ 4:00 p.m. Friday, February 12 at 1:00 p.m. Tuesday, March 16 @ 10:00 a.m. Wednesday, Apríl 21 @ 4:00 p.m.